



# St. John the Evangelist Catholic Academy

"Lord be thy word my rule."

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Date 28<sup>th</sup> January 2022

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Dear Parents and Carers,

We have been advised that there has been a confirmed case of COVID-19 within your child's class. We have followed the national guidance, and have identified that your child may have been in close contact with the affected individual. Your child is not required to self-isolate, unless they have symptoms, but we request that they carry out daily Lateral Flow Tests for 7 days (if aged 5 or over).

Lateral Flow tests can be obtained from your local pharmacy details can be found here <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>. Your child can continue to attend school while their results remain negative. We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

## **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared or until they have a negative PCR result. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119. There is an option to reduce the isolation period by carrying out a lateral flow test on day 6 and at least 24hrs later on day 7. If both results are negative they may return to school immediately after the day 7 test.

## **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

### *Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you have any questions or would like to discuss any of the information contained in this letter, please do not hesitate to contact me through the school office.

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We recognise how difficult the past 22 months have been and the sacrifices that all families, education and childcare settings have had to make. This has been an enormously challenging time for everyone, and we would like to take the opportunity to thank you for everything you have done.

Yours sincerely

Mrs H Rigby  
Principal

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