



# HOME START

Newcastle  
Borough



## *Parent 2 Parent*

### *Peer to Peer support group*

Every Wednesday 9.30am-11.30am during term time.

The group is here to help parents who are feeling lonely, isolated or have limited support networks around them.

Through sharing experiences, challenges and successes with like minded peers, in a safe environment, parents will gain confidence to meet others, build their community and social networks and feel less isolated



For more information about our peer support group and how it may help support you, simply click on the QR Code below and complete the referral form on our website. Alternatively, you can call 01782 938912 or email [info@hsnb.org.uk](mailto:info@hsnb.org.uk)

If you are a health professional, school, family support worker or in any other profession working with a family you feel would benefit from this group, you can make a referral on their behalf as long as they agree to the referral being made.

