

Faith-filled & Hopeful

Pupils in a Catholic school are growing to be faith-filled in their beliefs and hopeful for the future.

What does this mean?

Catholic schools help their pupils grow by passing on the living and faith-filled tradition of Jesus Christ; by having persevering faith in the pupils, and by encouraging them in turn, to have faith and hope in others.

The Season of Lent

Pray it



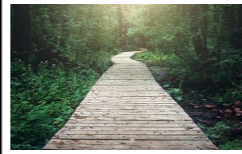
Linking Faith-filled and Hopeful to prayers of the Church and Liturgical Season.

Prayer suggestions and activities:

Cycle of prayer for the season of Lent:

- We pray for those who hunger and thirst especially on Lent Fast Day, Friday Feb 23
- We pray for all who have wandered from the faith, may their faith be restored
- During this season of Lent, we pray for forgiveness. Say an Act of Contrition and focus on the words with a renewed sense of hope.
- Whilst praying The Our Father, examine your conscience using the words as a guide. (See attached)
- Pray for candidates who are preparing to be received into the Church at Easter, may they be filled with the gifts of the Holy Spirit as they live as faith-filled, intentional disciples
- On March 1, join in the ecumenical Women's World Day of Prayer. This year, materials have been prepared by Christian women in Palestine on the theme 'I beg you, bear with one another in love'.
- On 2 March, pray the Diocesan Vision prayer on the Feast of St Chad, our patron saint of the Archdiocese: <https://www.birminghamdiocese.org.uk/blog/diocesan-vision-pray-with-archbishop-bernard>

Explore it



Linking Faith-filled and Hopeful to scripture, meaning and teachings of the Church, Pope Francis and the Saints.

Scripture to Explore:

Mark 9:2-10: *This is my Son, the Beloved*

John 3:14-21 *God sent his Son so that through him, the world might be saved.*

Reflect on how these passages can bring the message of the hope of salvation to the faithful.

Activities and Questions: -

- Explore the three themes of Lent: pray, fast and give. How can we learn from the examples of Jesus during his ministry?
- Find out more about Lent using the Busted Halo Lent in 3 minutes video: <https://bustedhalo.com/video/watch-lent-3-minutes>
- Explore the words of Pope Francis: 'Amid so much darkness, we need to see the light of hope and to be men and women who bring hope to others.' Can you name some people past and present who are examples of this?
- On the feast of St. Joseph (March 19), husband of the Blessed Virgin Mary. explore scripture passages about him. How did he demonstrate great faith in his commitment to Jesus and Mary?

Live it



Linking Faith-filled and Hopeful to the way we can choose to live our lives to serve God and to serve others.

Activities and challenges:

- Use the Mission Together Lenten calendar <https://missiontogether.org.uk/calendar/lent/> or the CAFOD Family Lenten calendar <https://cafod.org.uk/education/for-families/family-lent-calendar> and follow the daily challenge
- Commit to completing the challenges on the Walk With Me Lenten Calendar
- Make the Stations of the Cross for your family at home to use <https://www.catholicplayground.com/downloadable-stations-of-the-cross-triptychs/>
- Participate in the CAFOD Big Lent Walk with your school or family and friends
- Mothering Sunday (Mar 10) - Traditionally, Mothering Sunday, was a time where people would go and visit their mother Church (the Church in which they were baptised) and their own mother. Find out more about your own or a friends mother Church.



Sunday Gospels to Explore

Gospels reflective of Faith-filled and Hopeful have been highlighted

February 18	Mark 1:12-15	Jesus was tempted by Satan, and the angels looked after him
February 25	Mark 9:2-10	<i>This is my Son, the Beloved</i>
March 3	John 2:13-25	Destroy this sanctuary and in three days I will raise it up.
March 10	John 3:14-21	<i>God sent his Son so that through him the world might be saved.</i>
March 17	John 12:20-33	If a grain of wheat falls on the ground and dies, it yields a rich harvest.

Sing it

Linking Faith-filled and Hopeful to traditional and contemporary music.



- [This is my body](#): Jimmy Owens
- [Love Divine](#): Charles Wesley
- [The Lord is gracious and compassionate](#): Vineyard Music
- [We are one body](#) - Dana Scallon
- [The Kingdom](#) - Mike Anderson
- [You are the Voice of Hope](#) - Chris Tomlin
- [Amazing Grace \(My Chains have Gone\)](#) - Chris Tomlin
- [Amazing Love](#) - Graham Kendrick
- [Indescribable](#) - Chris Tomlin
- [Lord I Lift Your Name on High](#) - Rick Founds
- [In Christ Alone](#) - various
- [Song of the Prodigal Son](#)—CJM Music
- [Here I am to worship](#)— Tim Hughes

Picture It

Linking Faith-filled and Hopeful to artwork.



The Transfiguration Raphael

- How would you describe this artwork to someone who has never seen it?
- What is the significance of the light and the cloud in the painting?
- Can you identify who each person is?
- What is the impact of the painting on you and on others?
- What did the transfiguration reveal to Peter, James and John?

Further explore Faith-Filled & Hopeful by reading The Jesuit Publication found;

<https://www.educatemagis.org/wp-content/uploads/>