

Compassionate and Loving

Pupils are growing to be **compassionate** towards others, near and far, especially the less fortunate; and **loving** by their just actions and forgiving words.

What does this mean?

Catholic Schools help their pupils grow by being **compassionate** and **loving** in the way they are treated especially when a pupil is in trouble; and by opening their eyes to those who suffer poverty, injustice or violence.

The Season of Ordinary Time

January 9 - February 13

February 14

The season of Lent begins.

Pray it

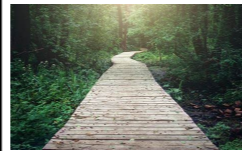


Linking Compassionate and Loving to prayers of the Church and Liturgical Season.

Prayer suggestions and activities:

- We pray that we can actively seek Jesus like the Wise Men did (Epiphany January 6) In the tradition of blessing homes, classrooms could also be blessed at this time. <https://missiontogether.org.uk/calendar/epiphany/>
- Pray the Lord's Prayer with a focus on peace and forgiveness ... 'and forgive us our trespasses as we forgive those who trespass against us.'
- On the Day of Prayer for Peace 2nd Sun Ordinary Time and Christian Unity week (Octave of Prayer January 18 - 25) we pray for persecuted Christians around the world.
- Sunday of the Word of God (3rd Sunday in Ordinary Time). Use Lectio Divina to help you read Mark 1:14-20
- At this time of year the Catholic Social Teachings of 'Dignity of the Human Person' & 'Solidarity & the 'Common Good' underpins the focus on prayer for Victims of Human Trafficking (esp. St. Josephine Bakhita 8 Feb).
- We pray for the intercession of the saints who were compassionate and loving in their faith particularly :
 - St Paul (The Conversion of St Paul) - Thursday 25 January
 - St John Bosco, Priest - Wednesday 31 January Patron saint of Youth & Education
 - Our Lady of Lourdes (Pray for the Sick and Those Who Care for Them)- Sunday 11 February

Explore it



Linking Compassionate and Loving to scripture, meaning and teachings of the Church, Pope Francis and the Saints.

Scripture to Explore: -

- The following Sunday Gospel accounts: Mark 1:21-28, Mark 1:29-39 and Mark 1:40-45 all focus on Jesus healing people. Explore how these miracles show His love and compassion for the people he met and how they responded to him.
- Mark 1:14-20 is the account of Jesus calling his first disciples. What qualities do you think the disciples showed as followers of Jesus?

Activities and Questions: -

- Pope Francis has said "Compassion is like the lens of the heart" and "Compassion is also the language of God." What do you think is the meaning of these quotes? [Pope at Mass: compassion is the language of God - Vatican News](#)
- CST: Can you explore how Solidarity and the Common Good are linked to the virtues of being compassionate and loving?
- Explore the [HCPT - Case Studies](#) of volunteers who demonstrate the virtues through service to others during pilgrimages to Lourdes.
- Explore the life of St John Bosco. How can we be inspired today by his example?
- Explore the [Resources for Week of Prayer for Christian Unity 2024](#) which focuses on Luke 10:27 and Luke 10:25-37.

Live it



Linking Compassionate and Loving to the way we can choose to live our lives to serve God and to serve others.

Activities and challenges:

- Write some prayer intentions for the sick in the parish.
- Ensure each time we communicate with others, we do this in a Compassionate and Loving way. e.g. social media
- Research the Corporal Works of Mercy [Look to Him and be Radiant: Corporal Works of Mercy Teaching Tools](#) and demonstrate one of them in your actions, words and deeds.
- What local, national and global charities can you support who demonstrate through serve these virtues.
- How can you show love and compassion to others? Can this be part of your New Year resolutions?
- What can we give, so that we can be part of building God's kingdom here on earth?
- How can you use your God-given gifts to serve God and others both now and in the future?



Sunday Gospels to Explore

Gospels reflective of Compassionate and Loving highlighted

January 7	Matthew 2:1-12	"For we have seen his star in the East, and have come to worship him."
January 14	John 1:35-42	They saw where he lived, and stayed with him.
January 21	Mark 1:14-20	Repent and believe the Good News.
January 28	Mark 1:21-28	He taught them with authority.
Feb 4	Mark 1:29-39	He cured many who suffered from diseases of one kind or another.
Feb 11	Mark 1:40-45	The leprosy left him at once and he was cured.

Sing it



Linking Compassionate and Loving to traditional and contemporary music.

- [This is my body](#): Jimmy Owens
- [Love Divine](#): Charles Wesley
- [Oh the love of my Lord](#): Estelle White
- [The Lord is gracious and compassionate](#): Vineyard Music
- [Love is His Word](#): Luke Conaughton
- [The Power of His Love](#): Hillsong
- [We are one body](#) - Dana Scallon
- [The Kingdom](#) - Mike Anderson
- [You are the Voice of Hope](#) - Chris Tomlin
- [Amazing Grace \(My Chains have Gone\)](#) - Chris Tomlin
- [Amazing Love](#) - Graham Kendrick
- [Indescribable](#) - Chris Tomlin
- [Lord I Lift Your Name on High](#) - Rick Founds

Picture It

Linking Compassionate and Loving to artwork.



He Qi: Calling Disciples

- How do you think the disciples felt to be called by Jesus? How are they depicted?
- What other title could you give to this painting?
- How would you describe this artwork to someone who has never seen it?
- What adjectives would you use to describe this artwork?
- If you could ask the artist a question, what would you ask him?

Further explore Compassionate & Loving by reading The Jesuit Publication found;

<https://www.educatemagis.org/wp-content/uploads/>