



February 14th  your journey to School

Air Pollution and lack of activity are two of the major causes of heart disease in the UK

**Join us on St Valentine's
Tuesday 14th February**

Love your heart and choose an ACTIVE mode of travel to school that day, or one day that week

160,000 people die prematurely each year due to exposure to air pollution



SCAN ME



**British Heart
Foundation**

**air
aware**
Staffordshire



**Staffordshire
County Council**