

**St. John's RSE Ten:Ten Programme: 2022/2023**

**Class: Year 2**

**Autumn 1: Being me in my World/ Online Safety**

	PSHE/ RSHE Scheme	Unit	Session
Autumn 1 Week 1	General PSHE	School/ Class Rules	
Autumn 1 Week 2	PSHE RSHE	Being me in my world KS1, Module 1, Unit 1	Hopes and Fears for the Year Religious Understanding 1 – Let the children come
Autumn 1 Week 3	PSHE RSHE	Being me in my world KS1, Module 1, Unit 1	Rights and Responsibilities 1 – Let the children come
Autumn 1 Week 4	PSHE RSHE	Being me in my world KS1, Module 1, Unit 1	Rewards and Consequences 1 – Let the children come
Autumn 1 Week 5	PSHE RSHE	Being me in my world KS1, Module 1, Unit 1	Our Learning Charter 1 – Let the children come
Autumn 1 Week 6	Mental Health Day		
Autumn 1 Week 7	PSHE RSHE	Being me in my world KS1, Module 1, Unit 1	Owning our Learning Charter 1 – Let the children come

**Autumn 2: Life to the Full/ Healthy Me!/ Anti Bullying Week**

	PSHE/ RSHE Scheme	Unit	Session
Autumn 2 Week 1	RSHE PSHE	KS1, Module 1, Unit 2 Healthy Me	Session 3: Clean and Healthy Being Healthy
Autumn 2 Week 2	PSHE	Healthy Me	Being Relaxed
Autumn 2 Week 3	Anti-Bullying Week		
Autumn 2 Week 4	PSHE	Healthy Me	Medicine Safety
Autumn 2 Week 5	PSHE	Healthy Me	Healthy Eating
Autumn 2 Week 6	PSHE	Healthy Me	Healthy Eating
Autumn 2 Week 7	PSHE	Healthy Me	Happy, healthy me!

**Spring 1: Dreams and Goals/ Safer Internet Day/ Online Safety/ Children's mental health week**

	PSHE/ RSHE Scheme	Unit	Session
Spring 1 Week 1	PSHE	Dreams and Goals	Goals to Success
Spring 1 Week 2	PSHE	Dreams and Goals	My learning Strengths
Spring 1 Week 3	PSHE	Dreams and Goals	Learning with Others
Spring 1 Week 4	PSHE	Dreams and Goals	A Group Challenge
Spring 1 Week 5	PSHE	Dreams and Goals	A Group Challenge (continued)
Spring 1 Week 6	Safer Internet Day Children's Mental Health Week (Use two weeks – week earlier or week after)		
Spring 1 Week 7	PSHE  RSHE	Dreams and Goals  Religious Understanding – KS1, Module 3	Celebrating Our Achievement 2 – Who is my neighbour?

**Spring 2: Life to the Full**

	PSHE/ RSHE Scheme	Unit	Session
Spring 2 Week 1	RSHE	Religious Understanding – KS1, Module 3	1 – Three in One
Spring 2 Week 2	RSHE	Emotional Well-Being	Feelings (Assessment Activity)
Spring 2 Week 3	RSHE	Emotional Well-Being – KS1, Module 3	1 – Feelings, likes, dislikes
Spring 2 Week 4	RSHE	Emotional Well-Being – KS1, Module 3	2 – Feelings inside out
Spring 2 Week 5	RSHE	Emotional Well-Being – KS1, Module 3	3 – Super Susie gets angry

**Summer 1: Life to the Full/ Celebrating Differences**

	PSHE/ RSHE Scheme	Unit	Session
Summer 1 Week 1	RSHE	Me, my body, my health – KS1, Unit 2	This is me! (Assessment activity) 1 – I am unique
Summer 1 Week 2	PSHE	Celebrating Differences	Boys and Girls
Summer 1 Week 3	PSHE	Celebrating Differences	Boys and Girls
Summer 1 Week 4	PSHE	Celebrating Differences	Why does bullying happen?

Summer 1 Week 5	PSHE	Celebrating Differences	Standing up for myself and others
Summer 1 Week 6	PSHE	Celebrating Differences	Making a new friend / Celebrating differences and still being friends

### Summer 2: Life to the Full

	PSHE/ RSHE Scheme	Unit	Session
Summer 2 Week 1	RSHE	Lifecycles- KS1, Module 1, Unit 4	Lifelines (Assessment activity)
Summer 2 Week 2	RSHE	Lifecycles- KS1, Module 1, Unit 4	1 – The cycle of life
Summer 2 Week 3	RSHE	Living in the wider world – KS1, Module 3, Unit 2	Me and my community (Assessment activity)
Summer 2 Week 4	RSHE	Living in the wider world – KS1, Module 3, Unit 2	1 – The communities we live in
Summer 2 Week 5			
Summer 2 Week 6	RSHE	Bereavement	A time for everything
Summer 2 Week 7			