

St. John's RSE Ten:Ten Programme: 2022/2023

Class: EYFS

Autumn 1: Being me in my World/ Online Safety

	PSHE/ RSHE Scheme	Unit	Session
Autumn 1 Week 1	General PSHE	School/ Class Rules	
Autumn 1 Week 2	PSHE - Jigsaw	Being me in my World	1. Who... Me?! and 2. How am I feeling today?
Autumn 1 Week 3	PSHE - Jigsaw	Being me in my World	3. Being at School
Autumn 1 Week 4	EYFS, Module 1, Unit 1	Story Sessions: Handmade With Love	5 x 15 minute sessions
Autumn 1 Week 5	PSHE - Jigsaw	Being me in my World	4. Gentle Hands
Autumn 1 Week 6	Mental Health Day		
Autumn 1 Week 7	PSHE - Jigsaw	Being me in my World	5. Our rights and 6. Our responsibilities

Autumn 2: Life to the Full/ Celebrating Differences/ Anti Bullying Week

	PSHE/ RSHE Scheme	Unit	Session
Autumn 2 Week 1	PSHE - Jigsaw	Celebrating Difference	1. What I am good at?
Autumn 2 Week 2	PSHE - Jigsaw	Celebrating Difference	2. I'm Special, I'm Me
Autumn 2 Week 3	Anti-Bullying Week		
Autumn 2 Week 4	PSHE - Jigsaw	Celebrating Difference	3. Families
Autumn 2 Week 5	PSHE - Jigsaw	Celebrating Difference	4. Houses and Homes
Autumn 2 Week 6	PSHE - Jigsaw	Celebrating Difference	5. Making Friends
Autumn 2 Week 7	PSHE - Jigsaw	Celebrating Difference	6. Standing Up for Yourself

Spring 1: Life to the Full/ Celebrating Differences/ Safer Internet Day/ Online Safety/ Children's mental health week

	PSHE/ RSHE Scheme	Unit	Session
Spring 1 Week 1	EYFS, Module 1, Unit 2	Session 1: I Am Me	1 x 15 minute sessions
Spring 1 Week 2	EYFS, Module 1, Unit 2	Session 2: Heads, Shoulders, Knees and Toes	1 x 15 minutes
Spring 1 Week 3	EYFS, Module 1, Unit 2	Session 3: Ready Teddy?	1 x 15 minutes
Spring 1 Week 4	PSHE - Jigsaw	Dreams and Goals	1. Challenge

Spring 1 Week 5	PSHE - Jigsaw	Dreams and Goals	2. Never Giving Up
Spring 1 Week 6	Safer Internet Day Children's Mental Health Week (Use two weeks – week earlier or week after)		
Spring 1 Week 7			

Spring 2: Life to the Full/ Dreams and Goals/ Healthy Me

	PSHE/ RSHE Scheme	Unit	Session
Spring 2 Week 1	PSHE - Jigsaw	Dreams and Goals	3. Setting a Goal
Spring 2 Week 2	PSHE - Jigsaw	Dreams and Goals	4. Obstacles and Support
Spring 2 Week 3	EYFS, Module 1, Unit 3	Session 1: I Like, You Like, We All Like!	1 x 15 minutes
Spring 2 Week 4	EYFS, Module 1, Unit 3	Session 2: Good Feelings, Bad Feelings	1 x 15 minutes
Spring 2 Week 5	EYFS, Module 1, Unit 3	Session 3: Let's Get Real	1 x 15 minutes

Summer 1: Life to the Full/ Dreams and Goals/ Healthy Me

	PSHE/ RSHE Scheme	Unit	Session
Summer 1 Week 1	EYFS, Module 1, Unit 4	Session 1: Growing Up	1 x 15 minutes
Summer 1 Week 2	PSHE - Jigsaw	Dreams and Goals	5. Flight to the Future
Summer 1 Week 3	PSHE - Jigsaw	Dreams and Goals	6. Footprint Awards
Summer 1 Week 4	PSHE - Jigsaw	Healthy Me	2. We like to move it, move it!
Summer 1 Week 5	PSHE - Jigsaw	Healthy Me	3. Food, glorious food
Summer 1 Week 6	PSHE - Jigsaw	Healthy Me	4. Sweet dreams

Summer 2: Life to the Full/ Dreams and Goals/ Healthy Me

	PSHE/ RSHE Scheme	Unit	Session
Summer 2 Week 1	PSHE - Jigsaw	Healthy Me	5. Keeping Clean
Summer 2 Week 2	PSHE - Jigsaw	Healthy Me	6. Stranger Danger
Summer 2 Week 3	EYFS, Module 3, Unit 1	Session 1: God is Love	1 x 15 minutes
Summer 2 Week 4	EYFS, Module 3, Unit 1	Session 2: Loving God, Loving Others	1 x 15 minutes
Summer 2 Week 5	EYFS, Module 3, Unit 2	Session 1: Me, You, Us	1 x 15 minutes
Summer 2 Week 6	Transition		
Summer 2 Week 7	Transition		