

St.John's PE Provision 2026 - 2027 v2

Class	Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Lesson 1	Autumn Balance and use of space	Winter Balance , space and movement	Improving Catching	Improving Throwing	The Circus (gymnastic movement)	Improving Agility
Reception	Lesson 1	Balance and use of space	Running and stopping	Rolling and Throwing and catching	Movement to music	Improving Throwing	Improving Catching
Year 1	Lesson 1	Gymnastics	Dance (GC)	HRE	Improving Throwing and Catching	Dance (GC)	Athletics
Year 2	Lesson 1	Improving Balance	Dance (GC)	Gymnastics	<u>Multiskills</u>	Dance (GC)	Athletics
	Lesson 2	HRE	Improving Throwing and Catching	Improving Agility	Football	Striking and Fielding	Orienteering
Year 3	Lesson 1	Dance (GC)	Hockey	Handball	Basketball	Swimming	Swimming
	Lesson 2	Cricket	Gymnastics	HRE	Dance (GC)	Orienteering	Athletics
Year 4	Lesson 1	Dance (GC)	HRE	Handball	Tag Rugby	Swimming	Swimming
	Lesson 2	Orienteering	Gymnastics	<u>Parkour</u>	Dance (GC)	Cricket	Athletics
Year 5	Lesson 1	Swimming	Swimming	Dance (GC)	Orienteering	Athletics	Dance (GC)
	Lesson 2	Cricket	HRE	Gymnastics	Handball	<u>Rounders</u>	Tag Rugby
Year 6	Lesson 1	Swimming	Swimming	Dance (GC)	Tag Rugby	Athletics	Dance (GC)
	Lesson 2	Cricket	Gymnastics	HRE	Handball	Orienteering	<u>Rounders</u>