



St. John the Evangelist Catholic Academy

"Lord be thy word my rule."

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Date: Friday 3rd October 2025

Dear Parents and Carers,

HELLO YELLOW 2025!
WORLD MENTAL HEALTH DAY
WEAR YELLOW ON FRIDAY 10TH OCTOBER

On Friday 10th October (World mental health day) we will be joining thousands of people across the country wearing yellow for young minds to show young people that they are not alone.



Next Friday, we are asking all children to wear something yellow (if children do not have anything yellow to wear, they can wear any bright clothes as non uniform) to show our support for young people and their mental health. Next week, our PSHE lesson will focus on world mental health day and supporting the children with positive mental health strategies.

This year we will stand brighter, together.

Yours sincerely

Mrs H Rigby
Principal
